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| Nominating someone for a Victorian Senior of the Year Award |
| How-to guide |
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Nominations open for the Victorian Senior of the Year Awards on Monday 5 May 2025.

Start preparing your nomination early by following four easy steps.

# Four easy steps to enter

## Check the eligibility

Victorian Senior of the Year Awards nominees must be:

1. a citizen or permanent resident of Australia,
   * a resident of Victoria and
   * 60 years or over, or
2. an Aboriginal and/or Torres Strait Islander person residing in Victoria aged 50 years or over.

Self-nominations are not accepted.

## Choose an award category

There are six award categories:

1. The **Premier’s Award for Victorian Senior of the Year** recognises an individual for their outstanding and lasting contribution to their local community and Victoria.
2. The **Council on the Ageing (COTA) Victoria Senior Achiever Awards** recognise local community champions that significantly contribute to positive ageing in their community.
3. The **Emerging Impact Award** recognises an individual who is new to volunteering and is making a significant impact in their local community.
4. The **Positive Ageing Award** recognises an individual who improves the wellbeing of older people in their community by promoting positive and active ageing.
5. The **Promotion of Multiculturalism Award** recognises an individual for a significant contribution to promoting the benefits of cultural diversity in their local community and across Victoria.
6. The **Veteran Community Award** recognises an individual for their exceptional contribution to the veteran community. The recipient of the award does not need to be a veteran.

## Collect information

To make a nomination, you will need information about the person you’re nominating including their:

1. Full name
2. Phone number
3. Age
4. Email address
5. Postal address

The nomination form asks questions about the nominee’s volunteering work. Some of the questions you might be asked include:

1. Which organisation/s do they volunteer for?
2. How many hours/days a week do they volunteer?
3. What impact does their contribution have on the community?

## Find references and a photo

The last step is some supporting information. For your nominee, you will need:

1. References for 2 people, including their contact details
2. A photo of the nominee.

For more information including conditions of entry, visit the Seniors Online website: [www.seniorsonline.vic.gov.au/awards](https://www.seniorsonline.vic.gov.au/awards)

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